

## Student Drop Off

**Students need to be inside the MPC at 8:30am on Wednesday 25 February 2026.** Traffic will be heavier than usual **so please allow extra time to get to school**, particularly if it is wet. It is vital that parents **do not** drop off or pick up their children in the school bus bay. Please say goodbye to your child outside the MPC – parents are **not** to come into the MPC.

Before you leave your child on Wednesday morning, please make a **very clear arrangement with your child** about where you will meet them on Friday afternoon. Please collect your child promptly on Friday.

## Collecting Students After Camp

Parents or carers can collect their child from the Lower Playground (at the front of the school). Parents will need to escort their child across Purchase Road. This is a safety requirement due to the large volume of cars and buses making it extremely dangerous for students with bags trying to navigate their way across the road.

Students will not be allowed to get into cars illegally stopping in the school bus bay.

Students will arrive back at school on Friday 27 February at approximately 1.45pm. If there are delays a message will be sent via the Sentral Parents app. After arrival at school, students may:

- Walk home (only if permission has been provided by email to rebecca.howard11@det.nsw.edu.au)
  - or
- 2. Wait in the lower playground until their parents or carers arrive to collect them. The area needs to be clear **well before** school finishes at 3pm when more than 1700 students will be moving through this area.

#### **Parking**

- **Do not** park illegally in the school bus bay teachers will be on duty to prevent this.
- Do not park in the John Purchase 'Kiss and Drop Zone'.

Parents should park in the surrounding streets, in a manner that respects access for residents, and walk to the lower playground to collect their child.

# Luggage

Luggage is limited to **one** suitcase or bag (with wheels) **and** one day pack or backpack. Nothing is to be left out of your luggage, including sleeping bags. Students will need to wheel this bag some distance to their cabin so please make sure it is light enough and portable enough for your child to manage. Teachers **will not** carry student's bags for them.

Please ensure all daypacks and suitcases are clearly labelled with student names.



#### Medication

#### Only prescribed medication in original packaging is to be taken to camp.

Students are not allowed to keep medications in their luggage or cabins. All prescribed medication will be collected from students in the MPC before leaving CTHS (except for EpiPens and Asthma



medication). All medication must be in original containers and placed in a zip lock bag labelled with the student's name, with instructions regarding times and dosages.

Only prescribed medication will be administered - no other medication is to be taken to camp.

**Anaphylaxis and Asthma** – students must always keep their EpiPens and Asthma puffers with them. EpiPens should be accompanied by a current Anaphylaxis plan. EpiPens and Asthma puffers must not be out of date. The dates of EpiPens and Asthma puffers will be checked before students leave for camp.

## Clothing Requirements

It is a good idea for students to pack their own bags so that they can repack for the trip home.

- Roll on insect repellent very important
- Water bottle
- Cup (labelled with name used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag
- Pillow
- Sunscreen & hand sanitiser
- 1 pair of pyjamas
- Day pack (small backpack for water, sunscreen, etc.)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- 2 pairs of sneakers (1 of which should be an old pair for water activities)
- Thongs only for going to and from showers
- 3 T-shirts with short or long sleeves no sleeveless or midriff tops
- 3 sets of underwear
- 3 pairs of shorts **no mini shorts** (for safety on activities)
- 3 pairs of track pants or leggings
- 2 sweatshirts or windcheaters
- 3 pairs of socks
- Bath towel
- Beach towel & swimmers
- Small packet of tissues or several handkerchiefs
- Plastic bags for wet clothes and/or wet towels.













#### Please note the following:

- All shirts or T-shirts must have sleeves singlet tops are not permitted due to the camp's and school's Sun Protection Policy. T-shirts must not have slogans or logos related to sex, alcohol or drugs.
- Short shorts **are not permitted** as they are unsuitable for camp activities, particularly during high ropes and abseiling activities. (Safety harnesses will rub the inside of your legs.) You will be sent back to your cabin to change if you wear very short shorts.
- Sneakers **must** be worn at all times when participating in both indoor and outdoor activities and must be fully enclosed with laces.
- A pair of **old** shoes or water shoes will be needed for water activities. These will get wet and muddy so cannot be used for other camp activities. Sandals and thongs are not appropriate because 'wet' shoes must be enclosed.
- Soft canvas shoes **must not** be worn at camp for any activities other than canoeing. Soft canvas shoes can only be used for 'wet' shoes.

## Equipment

In your **day pack** that you carry with you each day you **must** have (and use regularly where necessary):

- water bottle
- sunscreen and hat
- · insect repellent
- asthma puffer and/or EpiPen where appropriate.

Students should **not** bring money, mobile phones, iPads or other electronic devices. Please be aware that teachers will not spend excessive amounts of time investigating the loss, theft or damage of these items, nor will the school accept responsibility for their loss, theft or damage.

Students will be given sufficient food and drink throughout the day so **should not bring**\_extra snacks which may attract cockroaches and wildlife into the student accommodation.

Soft drinks and energy drinks are not permitted at camp.



If you have any questions, please email Ms Howard: rebecca.howard11@det.nsw.edu.au